

# Jonathan Anslow, Psy.D.

## Psychology for All



SOUTHEAST  
PSYCH



WHEN I GROW UP...



MY MUSIC...

MOSTLY ALTERNATIVE (E.G. XMU RADIO), HIP-HOP, CHEESY 80'S NEW WAVE AND OCCASIONALLY CHILLOUT/DOWNTempo



MY TV SHOWS...

FAVORITE MOVIES...



# ALL AGES!

### FACTS AND STATS:

Dr. Anslow received his Doctorate in Clinical Psychology from George Washington University and his BA in Psychology from The University of Virginia. Dr. Anslow enjoys serving a variety of populations including, adults, adolescents, and older children. Whenever possible he likes to incorporate family members into treatment to offer parental guidance or address family dynamics.

Some issues he serves include depression (e.g. low self-esteem, poor motivation, lack of confidence, isolative tendencies, enduring feelings of sadness, lethargy), relational concerns (e.g. lack of intimacy or trust), pervasive personality issues, anxiety (generalized or specific), bullying, substance abuse (NOT addiction), and any client with a history of acute or chronic physical or emotional trauma. Dr. Anslow also has a special interest in helping LGBTQ clients sort out identity-related issues. Dr. Anslow strives to be compassionate, non-judgmental, and open-minded in his practice.

HULK SMASH!



# FUN FACTS!

ENJOYS PLAYING SOCCER

HAS A LAID-BACK CALIFORNIA ATTITUDE - BUT IS FROM VIRGINIA

HAS BEEN KNOWN TO IMPERSONATE ELVIS  
LIKES 80'S MUSIC, POP CULTURE, CINEMA,  
AND VIDEO GAMES.

RESIDENT COM CON CONVENTION GOER!

CAN SPEAK KLINGON (NOT REALLY)

# @BLAKENEY