

Jessica Bloomfield, Psy.D.

Psychology for All



SOUTHEAST
PSYCH

SCRABBLE
ANYONE?



ALL AGES!

WHEN I GROW UP...



MY MUSIC...

DAVE MATTHEWS,
ANI DIFRANCO,
UZ, RASCAL FLATTS,
& MUCH MORE

FAVORITE TV SHOWS AND MOVIES



earth
friendly
approved



FACTS AND STATS:

Dr. Bloomfield earned her masters and doctoral degrees in clinical psychology from the University of Denver and completed her internship at the Carolinas Medical Center in Charlotte. She received her undergraduate degree from Queen's University in Canada. Dr. Bloomfield has worked in a variety of mental health settings including community mental health centers, schools, residential and day treatment programs, and inpatient and emergency departments.

In her practice, Dr. Bloomfield works with clients of all ages through individual, family, and group therapy. Depression, anxiety, obsessive-compulsive disorder (OCD), abuse, self-harm behaviors, emotional and behavioral disorders, diversity issues, and relationship difficulties are among her specialties. Dr. Bloomfield has extensive training in trauma-based treatments including Eye Movement Desensitization and Reprocessing (EMDR). She utilizes an integrative approach to psychotherapy that incorporates interpersonal, behavioral, and mindfulness-based methods.



FUN FACTS!



ENJOYS OUTDOOR ACTIVITIES INCLUDING
HIKING, RUNNING, GARDENING AND
CAMPING.

COOL PLACES SHE'S TRAVELED: CANADA,
AUSTRALIA, ISRAEL, THE BALKANS, NEW
ZEALAND, AND EUROPE.

EXCELLENT PHOTOGRAPHER

CLEVELAND SPURS FAN

ALWAYS RECYCLES, SUPPORTS THE
HUMANE SOCIETY, LOVES STAR GAZING

HAS A SUSHI ADDICTION

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