

ASPIE GIRLS GROUP!

GROUPS AT SOUTHEAST PSYCH!

Calling all Aspie Girls (with or without a formal diagnosis)! If you're looking for friendship, social and life skills, and the chance to have fun with other girls like you, then this group is for you. It is also an opportunity for your parents to learn more and get connected to a continuously growing network of parents of girls with Asperger's. During group you will learn some of the following:

- How to make friends and keep them
 - Ways to cope with stress
- Important life skills such as self care, safety, and advocating for yourself
- How to deal with mean girls and bullies
- Strategies for meeting new people and keeping conversations going

Mondays: January 24 - March 28

5:00-6:00 Ages 9-11

6:30-7:30 Ages 12-14

*First and last sessions are for parents only
\$50 per session

AGES 9-14



SOUTHEAST
PSYCH



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Psy. D.

Space is limited,
so please RSVP
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