

# Heidi Limbrunner, Psy.D., ABPP

Psychology for All



## WHEN I GROW UP...



## MY MUSIC...

THE DAVE MATTHEWS BAND,  
BECK AND CAKE!

## the office



## MY TV SHOWS...

## FAVORITE MOVIES...



# KIDS, TEENS, ADULTS & FAMILIES

## FACTS AND STATS:

In her practice, Dr. Limbrunner provides therapy and assessments for children, adolescents and adults with a variety of concerns. Her areas of specialty include eating disorders, body image, Dialectical Behavior Therapy (DBT), self-harm, anxiety, depression, and learning issues. She enjoys working with individuals and families to help them reach their goals and focuses on building upon strengths. In working with children, she heavily involves family members in the therapy process.

Dr. Limbrunner received her doctorate from California School of Professional Psychology. She is one of the fewer than 5% of psychologists in the country to be board certified (American Board of Professional Psychology) in a specialty area. She has had extensive training and experience at nationally recognized eating disorder treatment centers and was the former director for the Levine Children's Hospital Center for Disordered Eating.



# FUN FACTS!

ENJOYS SHOPPING AND SWIMMING

HAS A BIRD AS A PET

HER HUSBAND IS AN EXCELLENT  
HALO 3 PLAYER

WILL FREQUENTLY REPLACE  
"TIN" WITH "DEN", FOR INSTANCE,  
CHARLOTTE LADDEN

@BLAKENEY