

# Amanda McGough, Ph.D.

Psychology for All



SOUTHEAST  
PSYCH



WHEN I GROW UP...

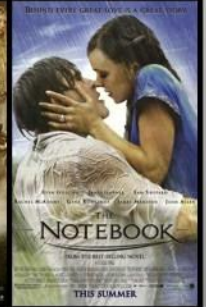
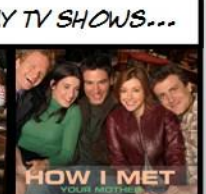


MY MUSIC...

A LITTLE BIT OF  
EVERYTHING.  
ANYTHING 80'S OR  
90'S AND



FAVORITE MOVIES...



## ADOLESCENTS AND YOUNG ADULTS

### FACTS AND STATS:

Dr. McGough enjoys working with children, adolescents and adults. Her special interests include depression, anxiety, self-harming behaviors, life transitions, and behavior problems. Her approach is strengths-based, straight-forward, supportive and nonjudgmental. In working with children and adolescents, Dr. McGough involves family members when appropriate to address family dynamics and help parents. Dr. McGough has specialized training in providing Dialectical Behavior Therapy (DBT) to address difficulties with controlling emotions.

Dr. McGough is a N.C. native and has been to three state universities for her education: her B.A. in psychology from UNC-Wilmington, her M.A. in clinical and community psychology from UNC-Charlotte and her Ph.D. from UNC-Greensboro. She completed her internship at Carolinas Medical Center in Charlotte. She has worked in a variety of settings including community mental health centers, day treatment programs, university counseling centers and emergency departments.



## FUN FACTS!

I HAVE TRAVELED TO 10  
COUNTRIES AND HOPE TO MAKE IT  
TO MANY MORE

I ENJOY SCENIC PHOTOGRAPHY

I LOVE FOOTBALL. GO  
PANTHERS!

I KNOW HOW TO DRIVE A TRACTOR  
AND FLY AN AIRPLANE AND I LOVE  
BEING A MOM!

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