

FREE & OPEN TO ALL!



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SOUTHEAST
PSYCH

THRIVING THROUGH CHALLENGING TIMES

A VIRTUAL CONFERENCE WITH SOUTHEAST PSYCH'S THREE
OFFICES: SOUTHPARK, BALLANTYNE, & NASHVILLE

FRIDAY, MAY 14TH

CHILDREN & EARLY ADOLESCENCE



Helping Your Child Manage Uncertainty

Trey Ishee, Psy.D.

ADOLESCENTS & YOUNG ADULTS



Use of Minecraft to Engage & Support Adolescent Clients During COVID & After

Ben Marlow, LCSW

ADULTHOOD & BEYOND



Substance Use During COVID & After - Is It a Problem & What Do I Do?

Trevor Ludington, Psy.D.

10:00
AM
ET/9:00
AM CT



Countering the COVID Challenge

Todd Cartmell, Ph.D.



Teaching Your Teen Resilience: Coping in Stressful Times

Alicia Covington, LCSW



The Ability to Thrive Again: Accessing Your Ventral Vagal State

*Leslie Maitri Cainiff, M.Ed.,
LCMHC, LCAS, C.H.T.*

10:30
AM
ET/9:30
AM CT

ASK THE EXPERTS OPEN Q & A PANEL 11:00AM ET/10:00AM CT



Leslie Maitri
Cainiff, M.Ed.,
LCMHC, LCAS,
C.H.T.



Elise Howell,
LCMHC



Hannah Hollett,
LCSW



Trey Ishee,
Psy.D.



Todd Cartmell,
Ph.D.



Jonathan
Feather,
Psy.D.

TO JOIN US, ACCESS THIS LINK: [HTTPS://ZOOM.US/J/94914921784?](https://zoom.us/j/94914921784?)

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